

The HEART of Regina Health Center



SPRING 2016

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

RESIDENT SPOTLIGHT

Sr. Catherine Waldron, OSU: Cougar Educator

In 2013, Regina Health Center (RHC) welcomed the Ursuline Sisters of Cleveland following the order's difficult decision to close the Saint Angela Center, which cared for its aging sisters. Sister Catherine Waldron (formerly Sr. St. Ann), OSU, was one of the first 25 Ursuline sisters to be welcomed at Regina Health Center. Her sibling, Sister Angela Marie Waldron, OSU, was actually one of the first two to arrive, and went home to God shortly after her arrival. At RHC, Sr. Catherine continues to touch the lives of many with her gentle smile and willingness to reach out to others. Luckily for everyone at RHC, she has had much practice in perfecting her kind demeanor.

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"In my ministry, I have worked with and seen the example of very competent priests and pastoral ministers, but no one can match the work, commitment and dedication of Sr. St. Ann."
.....*

— Father David Woost

During her working years, Sr. Catherine was a model Catholic educator. From 1982 to 2013, Sr. Catherine served at Lake Catholic High School in Mentor, Ohio, as an English composition teacher, assistant principal and principal from 1989-2006. After retiring from her duties as principal, she served as an English tutor until 2013.

Sr. Catherine was inducted into Lake Catholic's Hall of Excellence in 2007 for "having loyalty, integrity, long-term dedication, and unwavering understanding and passion for the school's mission statement." She had many accomplishments while principal, including integrating computer technology into the curriculum, establishing an endowment and a board, and much more. Lake Catholic also won several athletic state championships during her time there (Go Cougars!).

She touched many lives as an educator, including one family who was so moved by her brand of Catholic values around educating students that they recently established

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A WIN-WIN RELATIONSHIP



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RHC IS CLEARLY
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THE FOUNDERS,
THE SISTERS OF
CHARITY OF ST.
AUGUSTINE.
.....

Peanut butter and jelly. Coffee and donuts. Milk and cookies. They're all foods that just naturally go together. I'd like to think we at Regina Health Center (RHC) have a similar relationship with the Sisters of Charity of St. Augustine. Without the generosity of the Sisters of Charity of St. Augustine, there would be no RHC. Based on a collaborative approach to determining need among the religious, they converted much of their Mt. Augustine Motherhouse into a state-of-the-art nursing facility dedicated to serving the aging religious. With ongoing sponsorship and strategic vision, they have continued to help RHC fulfill our mission through their health care expertise and dedication. The Sisters of Charity were founded by the first Bishop of Cleveland to begin Catholic health care in 1851. Today, new needs and services enable long-term care services to meet the needs of the population in Northeast Ohio.

RHC was able to open in 1993 because of collaboration among many congregations. Throughout these 23 years, we have ensured that the members of as many as 21 congregations receive the highest caliber health care services in the midst of the significant elements of religious life, spiritual care, social care and congregational life—of which the religious have lived most of their lives.

It may be a real personal loss when elderly religious members must leave the familiarity of their home for health care reasons. Prior to RHC's innovative model, congregations would be challenged to care for their own members both from the standpoint of quality of service and financial support. RHC enables members of religious communities and clergy to receive quality, faith-based care while maintaining the support and identity of their own religious order. With tremendous acceptance and participation among the area religious, we have been blessed to serve hundreds of men and women religious from numerous congregations and clergy from the Dioceses of Cleveland and Youngstown.

RHC is clearly a success in achieving its mission and that is because of the ongoing commitment of the founders, the Sisters of Charity of St. Augustine. The faith-based, community environment they established lives on today as RHC is rich in the spirit of so many residents who have dedicated their lives to serving God's people. That is why we are so blessed to be part of the ministries of the Sisters of Charity Health System.

A handwritten signature in black ink that reads "Mark C. Yantek". The signature is written in a cursive, flowing style.

MARK C. YANTEK, LNHA

Executive Director, Regina Health Center



RESIDENT SPOTLIGHT: Sr. Catherine Waldron *continued from page 1*

The Sister Catherine Waldron (Sister St. Ann) Scholarship endowment fund at Lake Catholic High School in her honor. The fund will be awarded annually to students with financial need.

Father David Woost served as chaplain at Lake Catholic while Sr. Catherine was principal. He was inspired by the leadership of the Ursuline Sisters at the school and wrote to the order's congregational leader about his experience, and how he learned and grew in his ministry there. He commented on the order's outstanding dedication, diligent service and unbreakable commitment. In a separate conversation about Sr. Catherine, he said, "From the very beginning of my tenure at Lake Catholic, Sr. St. Ann was extremely patient with me as I tried to make the transition into high school ministry. In my ministry, I have worked with and seen the example of very competent priests and pastoral ministers, but no one can match the work, commitment and dedication of Sr. St. Ann. She was the best person with whom I ever worked."

Sister Susan Bremer, OSU, a member of the leadership team for the Ursuline Sisters of Cleveland, also had high praise. She said, "Sr. Catherine is one who always shunned the spotlight—in her ministry she did what she did because it was the right thing to do and because she was committed to her students, families and colleagues, not because of any 'glory' she might gain."



Sr. Catherine with her sister (left), Sr. Brigetta Waldron, OSU, and brothers Harold and Patrick Waldron.



While Sr. Catherine has typically avoided the spotlight, her brother, Harold Waldron, and sister, Sr. Brigetta Waldron, OSU, were happy that her accomplishments would be shared with a larger crowd.

"I am certain that she, her

Lake Catholic family, our family and your reading audience will not only be impressed with the highlights of Sr. Catherine's career but with the great care and understanding she is receiving at Regina Health Center/ Mount Augustine," said Harold.

RHC Executive Director Mark Yantek said serving Sr. Catherine and all of the Ursuline Sisters has been an honor. He said, "We are proud to serve the Ursuline Sisters and all of our residents with the health care needs of their aged and infirmed community members. Sr. Catherine is very special to us and we are honored to play an important role in her health and spiritual care." ♦



Sr. Catherine (formerly Sr. St. Ann) with Bruce and Debbie Jarosz, who are Lake Catholic High School supporters.

One loving heart
sets another on fire.

— ATTRIBUTED TO ST. AUGUSTINE

OUR 2015 DONORS

THANK YOU

The spring issue of the Heart of Regina Health Center newsletter calls on us to congratulate the many loyal and wonderful donors who made gifts to this ministry in 2015. They are recognized for keeping our special residents in their hearts and Regina Health Center at the forefront of their generosity. In 2015, loyal donors made gifts totaling \$866,000. Gifts came through various fundraising activities, including the spring Grateful Hearts appeal and the fall Let There Be Light Christmas appeal, Holy-In-One Golf Outing, estates and memorials. Gifts were received from individuals, businesses, family and corporate foundations, and from numerous religious congregations.

Collectively, all gifts enable RHC to provide our religious, priests, moms, dads, family members and friends with care that goes above and beyond. We simply couldn't do it without you. Please celebrate yourself for demonstrating your kindness and generosity through your gifts to RHC, and know that you are being prayed for at daily Mass. We ask that you pray for this ministry.

The donor listing on these pages represents Circle of Giving Society members of \$100 or more who made gifts in 2015, as well as those whose continued support has accumulated to milestone levels.

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Mrs. Judy Whitwell
Dr. Sally Wilson
Dr. and Mrs. Edward G. Wilt
Mr. Paul Woznicki
Reverend Paul J. Wysocki
Mr. Ronald Yackly
and Mrs. Jeanne Geisman Yackly
Mr. and Mrs. Mark C. Yantek
Ms. Kathleen T. Young

FOUNDATIONS & ORGANIZATIONS \$300-599

Carmel of the Holy Family
Cleveland Indians
Fedeli Family Charitable Foundation
Independence Excavating, Inc.
M & M Management and Consulting, Inc.
Par Electrical Contractors, Inc.
River Valley Paper Co.
Sisters of Charity Foundation of Canton
The Maynard Family Foundation
TMWelsh Consulting, LLC

**Deceased*

IT'S CHARITABLE GIFT ANNUITY TIME

WHY A REGINA HEALTH CENTER CHARITABLE GIFT ANNUITY?

- Easy to set up through the RHC Mission Support and Donor Relations Office
- No setup or legal fees
- Reliable income stream for life
- Charitable income tax deduction in the year of setup
- Partially tax-free income in most cases
- Higher income potential compared to bank CDs and most dividend income
- Capital gains savings on gifts of appreciated assets
- Enjoy benefits of membership in RHC's Regina Society
- Satisfaction of supporting the mission of caring for the elderly religious, diocesan priests and lay residents who call RHC home.

WHAT IS A REGINA HEALTH CENTER CHARITABLE GIFT ANNUITY?

A charitable gift annuity is a charitable gift. To establish a charitable gift annuity with RHC, you sign a simple agreement in our office. In exchange for your irrevocable gift of cash, securities or other assets, RHC will pay you and another, if desired, a fixed sum four times each year for life.

The minimum payout age for a Regina Health Center Charitable Gift Annuity is 60 and the minimum gift amount is \$10,000. Payout rates are based on your age, so the older you are, the higher the payout rate. Payments can be mailed or deposited directly to your checking or savings account.

In most cases, part of each payment is tax free, which increases the after-tax value. If you give appreciated securities, you will save by paying tax on only a portion of the appreciation. In addition, capital gains tax will be spread out over many years rather than being due in the year of your gift.

You can establish a deferred gift annuity now and request payments at a later date. The longer you defer your payments, the higher the payout rate.

The table below shows how a person age 70 will benefit from an immediate and a deferred charitable gift annuity.

SAMPLE \$10,000 CASH CHARITABLE GIFT ANNUITY ILLUSTRATION FOR INDIVIDUAL AGE 70

GIFT ANNUITY TYPE	PAYOUT RATE	EQUIVALENT RATE OF RETURN	CURRENT YEAR CHARITABLE INCOME TAX DEDUCTION	QUARTERLY PAYMENT
Immediate Annuity	5.1%	8.1%	\$4,001.70	\$127.50
Deferred Annuity 1st payment 3/31/2017	5.7%	9.0%	\$4,381.50	\$142.50

*Example uses marginal income tax bracket of 34.685% and 31.046% for tax savings; IRS Discount Rate of 2.2%. Calculations are for illustration purposes only and should not be considered legal, accounting or other professional advice. Your actual benefits may vary depending on your age, timing of your gift and your personal situation.

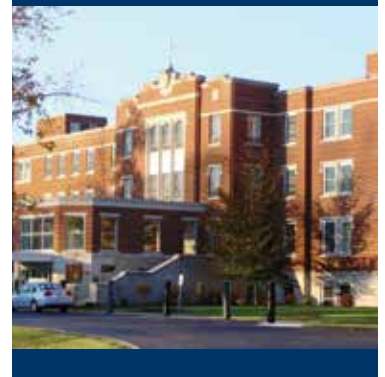


Please consider leaving Regina Health Center in your will. You can designate funds for general operating or the Regina Health Center Endowment Fund. The proper beneficiary designation is:

Regina Health Center
5232 Broadview Road
Richfield, Ohio 44286

Tax ID Number:
34-1722394

Thank you!



EMPLOYEE GIVING HAS MULTIPLE MEANINGS

*“May the grace of God which is here, be used by those who are here,
for the love and peace of those who live here or work here.”*

— Rev. William Johnson

The late Father William Johnson, who was a resident at Regina Health Center (RHC) from 2008-2009, offered this prayer, which continues to guide staff and resident activities and their daily interactions. Many would agree that the grace of God lives at RHC, and that the moment anyone steps through the front door, they can feel the presence of love and peace. There are many reasons for the calming sense at RHC, with a lot of it due to the dedicated and caring staff.

RHC employees regularly receive accolades from the residents for whom they care and from family and community members who are grateful that their loved one is in good and capable hands. That’s because they witness their dedication. It is not enough that many employees trudge through sleet and snow in the wee hours of the morning and night, and spend many of the important holidays like Thanksgiving, Christmas and Easter being here for the residents. Many still ask, “Is there something else I can do?”

Regina Health Center’s One Heart employee campaign makes it easy for RHC staff to give back in yet another way—by donating through payroll deduction. The One Heart employee campaign is open to all Sisters of Charity Health System employees to offer them a simple payroll deduction to make gifts to RHC and other health system ministries.

Christina Walker, senior vice president of fundraising for the health system, said, “No one is ever pressured to make a gift but the opportunity is available for those who just want to do one more thing for the ministries they serve. We thank these kind and generous individuals who live the mission through care and through their own financial support.”

In 2015, 34 health system employees donated more than \$13,000 to RHC. ♦

2015 RHC ONE-HEART CAMPAIGN DONORS

(Employee donations)

Jenifer L. Arbogast

Linda Begley

Barbara A. Bobula

Carol S. Campbell

David M. Cecero

Janet Cinadr

Barbara J. Craighead

Gary M. Darr

Michael D. Dzion

Laura Fegan

Peggy J. Glibe

Adam S. Gockowski

Joyce Haynes

Angela T. Iacona

Nancy A. Ilg

Debra A. Kadlec

Karen Kaufman

Terrence P. Kessler

Christine M. Killeen

Juanita J. Lockard

Mary C. McGuirk

Maureen O’Neill-Laszlo

Pasqua (Pat) Rantucci

Sharon L. Rivera

Melissa J. Rogers

Susan Rudin

Judith J. Schieve

Andrew J. Schrader

David K. Stewart

Robin Stursa

Christine Tenik

Mercita A. Thailing

Christina Walker

Mark C. Yantek

CHARITABLE IRA ROLLOVER FINALLY MADE PERMANENT

On December 18, 2015, President Obama signed into law legislation that makes the Charitable IRA Rollover **permanent**. The Charitable IRA Rollover is a tax provision that allows taxpayers age 70½ or older to distribute money directly from an individual retirement account (IRA) to a qualifying charity without paying taxes. Prior to the passing of the permanent law, individuals had to wait—in many cases until December—to find out if the provision had been extended, and then they may or may not have had time to take advantage of the small window for that particular tax year. With the permanent law in place, the waiting game is over.

As much as \$100,000 per taxpayer per year can be transferred directly from traditional or Roth IRAs to one or more qualified charities, including Regina Health Center, free from federal income tax each year. There may also be state income tax savings. These direct transfer gifts count toward required IRA minimum withdrawal amounts for the year of the gift.

In order to use retirement assets for charitable purposes and take advantage of the special tax provision, you **do not** want to withdraw funds, but have the gift amount distributed directly from your IRA to Regina Health Center. If you have check-writing privileges on your account, that might be the most efficient way to make gifts directly from your IRA.

For more information about making a direct transfer to Regina Health Center using retirement assets, please call Maureen O’Neill-Laszlo in the RHC Mission Support and Donor Relations Office at 330.659.5132 or check with your IRA administrator or your tax adviser.

CAREGIVER SPOTLIGHT

RHC Employees Shine as Stars on Broadview

As many of our readers already know, the residents at Regina Health Center (RHC) are amazing people. Similarly, many residents and visitors would say the RHC staff is amazing. So that residents, families, volunteers and other visitors could recognize exceptional service by staff, RHC created the *Stars on Broadview* program. The program recognizes staff members with a positive attitude who demonstrate the core values of care, compassion, respect, courage, justice or collaboration toward others. Recognition for *Stars* members includes their name posted on a resident-made gold star that is placed on posters at the entrance of resident dining rooms throughout most of the year. Each *Stars* member is eligible for a quarterly drawing to win prizes.

The stars truly came out in 2015 with 19 employees awarded a gold star because they possess the core values of the program. We expect even more stars to shine bright in 2016. The program is another way to say thank you to the staff that ensure all residents receive the most compassionate and holistic health care.

Congratulations to the 2015 Stars on Broadview:

Marianne Abel, Nursing

Irene Bautista, Nursing

Charles Bryant, Maintenance

Jackie Clancy, Activities

Donna Collins, Nursing

Mike Dzion, Transportation

Katrina Handzel, Dining Services

Joanne Hardin, Housekeeping

Lois Krebs, Nursing

Juanita Lockhard, Medical Secretary

Jerry Modin, Dining Services

Debra Ogle, Nursing

Joanne Parrish, Nursing

Susan Pietras, Nursing

Jackie Robards, Nursing

Laura Schultz, Nursing

Sarvans Singh, Nursing

Chris Therens, Activities

Cara Tuzzolino, Nursing

Nominate Your Own Star

It's easy to nominate an employee. The next time you are in the building, ask for a *Stars on Broadview* ballot at one of the nursing stations, complete the form and place it in the drop box at the station. Or, call Joyce Haynes, assistant administrator, at 330.659.5138 or email her at jhaynes@reginahealthcenter.org to nominate your *Star*.



May 12 CIRCLE OF ABIDING LOVE MASS AND DONOR RECOGNITION

(by invitation)

May 25 FRIENDS OF REGINA HEALTH CENTER GARDEN PARTY AT ST. MICHAELS WOODSIDE

(purchase tickets by calling Georgeann Simia at 440.478.4613)

June 13 HOLY-IN-ONE GOLF OUTING AT FIRESTONE COUNTRY CLUB (Call Kelly DiTurno at 330.659.5142 to purchase tickets or visit www.holyinone.com)

July 24 EVENING OF MUSIC AND GRATITUDE AT BLOSSOM MUSIC CENTER

(by invitation)

August 17

CAR CRUISE-IN AND DONOR PICNIC (August 24 rain date) (All are welcome to the Car Cruise-In. Call Chris Therens at 330.659.5154 to register your car.)

Please contact Maureen O'Neill-Laszlo at 330.659.5132 for more information about RHC events, unless otherwise indicated.

Circle of Abiding Love Mass and Donor Recognition Ceremony

On May 12, Regina Health Center will host the annual Circle of Abiding Love Mass and Recognition Ceremony for leadership donors and those aspiring to be. This special event begins with Mass celebrated by the Most Reverend Roger W. Gries, O.S.B. New leadership donors are asked to approach the altar to receive a commemorative gift of thanks for their generous support. They will also be photographed with Bishop Gries and Sister Judith Ann Karam, CSA, congregational leader for the Sisters of Charity of St. Augustine. This year will be extra special as Bishop Gries will bless the new annual donor wall in Regina Health Center's main lobby. The Mass and blessing will be followed by a delicious dinner prepared by Regina Health Center Chef John Bush and his staff. Watch for invitations in early April.

Friends of Regina Health Center "Garden Party"

The *Friends of Regina Health Center* members are hosting a garden party Wednesday, May 25 at St. Michael's Woodside Party Center, 5025 Mill Road, Broadview Heights. Sip on wine or tea and enjoy a vintage bridal dress show presented by VIVA. Proceeds from the event go directly toward improvements to resident spaces or programs at RHC. *For more information about attending the event or to learn how you can serve RHC residents through the Friends of Regina Health Center group, call Georgeann Simia at 440.478.4613.*



17th Annual Holy-In-One

Regina Health Center hits the green at Firestone Country Club Monday, June 13 for the 17th annual Holy-In-One Golf Outing. Most Reverend Roger W.

Gries, O.S.B., is the honorary chair and Joe Maurer serves as chairperson of this successful event. Many thanks to Donley's for again being this year's event sponsor. Registration and lunch begin at 10 a.m. with a noon tee-off time on two of Firestone's award-winning courses. Golf is followed by a cocktail reception and dinner, as well as great auction prizes. The 2015 outing was the most successful yet with more than \$208,000 raised to support the mission of providing compassionate and holistic health care for aging and infirmed religious, diocesan priests and laity. We look forward to seeing our past sponsors and golfers at this "must-go-to" golf outing, and love to see new faces. All are welcome, but we encourage you to sign up soon because sponsorships and golf spots sell out fast. The Pebble Beach vacation raffle is another Holy-In-One highlight. Purchase a ticket for \$100 and have a 1 in 200 chance of winning this all-inclusive vacation for two that includes round-trip air, ocean view room, two rounds of golf, rental car and a gift certificate to be used toward meals or other Pebble Beach amenities. The Pebble Beach vacation is sponsored by Yanke Bionics. Call Kelly DiTurno today at 330.659.5142 to sign up or to purchase your chance to win the Pebble Beach vacation, or visit www.holyinone.com.

AUCTION ITEMS NEEDED

Dear Regina Health Center Supporters and Friends,

The 2016 Holy-In-One Golf Outing is scheduled for June 13. As is the case each year, the evening's silent and live auctions are important contributors to the success of our event for the benefit of residents of Regina Health Center. With that in mind, we hope that you will help us secure worthy items for the auction. Please consider donating or soliciting any of these popular items:

- Gift Certificates to Akron/Cleveland-area restaurants
- Golf gift certificates
- Golf items
- Sports memorabilia items
- Tickets to Broadway plays/concerts
- Tickets to Browns, Cavs and Indians games and other popular sporting events
- Gourmet food, wine or themed gift baskets

If you have an item to contribute, please contact Kelly DiTurno at 330.659.5142 or kditurno@reginahealthcenter.org. We would appreciate all donations by May 15. As always, thank you for your generosity and support of this popular event. We cannot succeed without you!

Kathy Welsh & Lynn Yanke

Chairs, 2016 Holy-In-One Auction Committee

REGINA HEALTH CENTER
5232 BROADVIEW ROAD
RICHFIELD, OHIO 44286
330 659 4161
reginahealthcenter.org

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Cleveland, OH
Permit No. 2364

WISH *list*

Thank you to the donors who gave either cash or other items in response to wish list items in our last newsletter. Several items were purchased to enhance the lives of the residents. Listed below are new items that have been requested from the residents or caregivers for resident use. We appreciate monetary gifts for use of the item designated. If an excess of gifts is received for a particular item, your gift will be directed to the annual fund to further our mission. Thank you for your support.

NURSING NEEDS

Several resident comfort and therapy items are needed, including:

Therabands (2)	\$140.00 each
Hotpacs (3)	\$35.00 each
Weights (4)	\$15.00 each
Multi-use exerciser (1)	\$202.00
Exercise Step System (1)	\$94.00 each

ACTIVITY NEEDS

Digital camera for resident events, new resident photos (1)	\$150.00
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At times we receive more gifts than needed for a wish list item.

Please know that funds not needed for wish list items will be applied to the general fund.



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

Please note: Gift planning and financial information contained in this newsletter are offered for general interest and is not to be interpreted as legal or professional advice. Please consult with your attorney, financial or tax adviser for information specific to your situation.

Regina Health Center has chosen to print responsibly on paper containing post-consumer recycled fiber.